

## Pro Forma for Participation Works Network for England regional case studies

<b>Region: East of England</b>	
Submitted by: Yannick Auckland Date of submission: March 2008	
The sector this case study is an example of:	
Voluntary sector activity	<input checked="" type="checkbox"/>
Statutory sector activity	<input type="checkbox"/>
Corporate sector activity	<input type="checkbox"/>
The themes this case study can be used to support ( <i>tick all that apply</i> ):	
Arts & creativity	<input type="checkbox"/>
Commissioning	<input type="checkbox"/>
Early Years	<input type="checkbox"/>
Faith	<input type="checkbox"/>
Funding	<input type="checkbox"/>
Governance	<input type="checkbox"/>
Hard to reach groups	<input type="checkbox"/>
Health	<input type="checkbox"/>
Inclusive practice	<input checked="" type="checkbox"/>
Learning & research	<input type="checkbox"/>
Measuring change	<input type="checkbox"/>
Online tools	<input type="checkbox"/>
Rights/citizenship	<input type="checkbox"/>
Safeguarding	<input type="checkbox"/>
Standards	<input type="checkbox"/>
Workforce development	<input type="checkbox"/>
Youth-led project	<input checked="" type="checkbox"/>
Other ( <i>please specify</i> ) transition into adulthood	
<b>Name of project: No Limits DVD-Your Guide to Transition</b>	
<b>Contact information for further details:</b> Email: <a href="mailto:info@nolimits.org.uk">info@nolimits.org.uk</a> Tel: 01473 341878	
<b>Aims of the project:</b> The No Limits DVD is a film made by young people for young people in Suffolk. It's a guide to moving into adulthood and features young people talking about things like education, housing and transition reviews.	
<b>Who funded this project?</b> Suffolk Disability Resource Service	
<b>How many young people were involved?</b> 4	
<b>How were children &amp; young people involved in decision-making?</b> The DVD was made by young people for young people and features interviews with young people.	

**Quotes from staff, management, children, parents/ carers:**

Young person featured in the DVD:

“Most importantly I feel that the DVD shows, not only how much more difficult things are to access whether you are in a wheelchair or have a learning disability, but how much easier life can be when the right support is given. The sense of satisfaction and achievement that young people get from being able to go to college, get a job, live independently, learn to drive or by just having the right support to be able to do the things they want to, like meet up with their friends, is amazing.”

Participation Works wants to share your good practice to a wider audience to enable others to learn from your experience and develop their own participation practice.